

LEISURE-TIME ACTIVITIES

Youth

The recreational and cultural centre of Sierre: L'ASLEC

This is the Association of leisure and culture of Sierre. It offers to the entire population of Sierre the occasion to carry out leisure activities. The ASLEC is open to all, whatever the age or origin... All information on the many activities of the ASLEC is available on the website of Association

Address: rue de la Mondèrèche 1, CP 44, 3960 Sierre

Telephone / Fax: 027/455 40 40

E-mail: info@aslec.ch

Website: www.aslec.ch

Hours: The office is open from Monday to Friday from 8 h to 12 h.

Extra-curricular culture

ASLEC offers a programme of courses for children in the elementary school and lower secondary school. Examples of activities: rap, salsa, data processing, ceramics, archery, graffiti, cooking,... Inscriptions take place at school.

The Holiday Workshops

ASLEC organises workshops for children from 5 to 15 years during the last two weeks of July and during the autumn and Easter holidays. Inscriptions take place at school.

Optional school sport

The Municipality of Sierre makes it possible for pupils of 1st to the 6th grade of primary school to take part in sport activities organised by the school outside the hours of class. This makes it possible for the pupils to try out a sport during one term. Inscriptions take place at school.

Person in charge: Matthieu Emery, rte du Poupet 12, 3978 Flanthey

Telephone: 027/458 18 80

E-mail : matthieu@emerich.ch

Workshop for children

L'Espace Interculturel of Sierre organises a workshop of do-it-yourself for children from 4 to 8 years of any origin.

Information and inscription: 027/455 35 85

Holiday Camp

The CMS organises each year a summer camp at the sea for children from 7 to 12 years. The camp takes place at the seaside in France and lasts 2 weeks.

Address of the CMS: Hôtel de Ville, 3960 Sierre

Telephone: 027/455 51 51

E-mail: cms@sierre.ch

Website: www.cms-sierre.ch

Hours: Monday to Thursday from 7 h 30 to 12 h and from 13 h 30 to 17 h 30 (Fridays until 17 h).

Courses for adults

The recreational and cultural centre of Sierre: L'ASLEC

Several courses for adults are organised by the ASLEC. For example: course of embroidery, painting, workshop of writing, reflexology, etc

Address: rue de la Mondèrèche 1, CP 40, 3960 Sierre
Telephone: 027/455 40 40
E-mail: info@aslec.ch
Website: www.aslec.ch
Hours: The Office opens from Monday to Friday from 8 h to 12 h.

L'Université populaire (UNIPOP) de Sierre

The UNIPOP proposes courses in many fields: craft industry, culture, education, data processing, languages, health and well-being, etc. The inscription prices for the courses are moderate.

Address: Unipop Sierre, CP 964, 3960 Sierre
Telephone: 027/456 19 40 (One can call from 19 h to 21 h).
E-mail: info@unipopsierre.ch
Website: www.unipopsierre.ch (the program of the courses is available on the website).

The cantonal Academy of music

The cantonal Academy of music, based in Sion, has also a section in Sierre. Several branches are taught: song, clarinet, guitar, piano, violin, theatrical expression, etc

Address: av. Général-Guisan 12, 3960 Sierre
Telephone: 027/452 36 36
E-mail: jguidoux@guidoux.ch
Website: www.conservatoirevs.ch (-> sections -> Sierre)

School of Jazz and present-day music (EJMA - Valais)

This school proposes courses of music (instruments, song, musical theory) for children and adults. EJMA-Valais is based in Sion, but several courses are given in Sierre, in the building where the ASLEC is (rue de la Monderèche 1).

Address: rue de la Dixence 10, 1950 Sion
Telephone: 027/323 49 65
E-mail: info@ejma-vs.ch
Website: www.ejma-vs.ch

The cantonal School of art of the Valais (ECAV)

Besides higher courses, this school proposes evening courses in various artistic fields: drawing, painting, photography, video, etc

Address: rue Bonne-Eau 16, 3960 Sierre
Telephone: 027/456 55 11
E-mail: info@ecav.ch
Website: www.ecav.ch

Other schools

There are in Sierre and in the region several private schools that propose courses of music, dance or other cultural activities.

To find their co-ordinates, you can use the site www.directories.ch. To have, for example, the list of the schools of dance, it is necessary to type: Qui, quoi: Ecole de danse
Où: Sierre

It is easy!

Cultural places

Les Caves de la Maison de Courten

Spectacles of theatre, exhibitions and concerts are regularly organised in this place

Address: rue du Bourg 30, 3960 Sierre
Management: Service culture et sports de la Ville de Sierre

Programmation: Association des Caves de Courten, CP 50, 3960 Sierre

Telephone: 027/452 02 31

Website: www.cavesdecourten.ch

Les Halles

The Halles is an original place of cultural meetings and spectacles open as well to the amateur as to the professional.

Address: rte Ancien-Sierre 13, CP 556, 3960 Sierre

Management: association ATOUT-Les Halles

Telephone: 027/455 70 30

E-mail: info@leshalles-sierre.ch

Website: www.leshalles-sierre.ch

MVVV Valaisan museum of the Vine and Wine

This museum has two locations: the Zumofen house in Salquenen (Salgesch) and the castle of Villa in Sierre. The two places are connected by the wine path, a course of discovery through the vineyard.

Address: MVVV, Château de Villa, rue Ste-Catherine 4, 3960 Sierre

E-mail: museeduvin@netplus.ch

Website: www.museevalaisanduvain.ch

Opening hours: from Tuesday to Sunday from 14 h to 17 h, except November, December and March only on Fridays, Saturdays and Sundays from 14 h – 17 h. Closed: January-February.

Museum- Rilke Foundation

The Rilke Foundation has as its main aim to better make known the poet Rainer Maria Rilke and his work through his museum, by exhibitions, readings and conferences, as well as the Rilke Festival that takes place every 3 years in Sierre.

Address of the Museum: rue du Bourg 30, 3960 Sierre (temporal exhibitions, guided visits).

Telephone: 027/456 26 46

E-mail : fondation.rilke@bluewin.ch

Website: www.fondationrilke.ch

Château Mercier

On the upper reaches of Sierre, the Mercier Castle was built in the beginning of the 20th century by the rich family Mercier de Molin. Today, the castle and its gardens regularly accommodate cultural seminars, conferences or events

Telephone: 027/452 23 23

E-mail: rp.antille@tvs2net.ch

Website : www.chateaumercier.ch

La Sacoche

This auditorium sometimes accommodates local theatre companies for cultural spectacles or other cultural events.

Management: Fondation de la Maison des jeunes

Contact: M. Pierre Melly

Telephone: 027/456 36 26

Les Anciens Abattoirs (Old Slaughter-houses)

Cultural Associations

Do you wish to sing, dance, make music, or to practice another form of art? There are in Sierre many **cultural organisations** ready to welcome you. Belonging to an organisation is also a very good way of meeting people!

You will find the complete listing of the cultural associations on the official website of the City:
www.sierre.ch

Sporting places

You want to do sport? Come and benefit from the many sporting infrastructures!

The Guillamo swimming pool

Covered swimming pool with external paddling pool and park. The swimming pool of Guillamo proposes also a Well-being Space, with Jacuzzi, hammam and sauna.

Address: rue de Guillamo, 3960 Sierre

Opening hours : Monday from 10 h to 13 h, Tuesday to Friday from 10 h to 21 h, Saturday from 10 h to 18 h et Sunday from 10 h to 17 h (July - August until 18 h).

Skating rink of Graben (October-March)

Covered skating rink open to the public for ice-skating on Wednesdays and Sundays from 14:00 to 16:00

It is also the skating rink where the matches of the HC Sierre-Anniviers are held. Come to support the club of Sierre starting on September 12th, 2009!

Lake of G ronde (June-August)

Open swimming pool, on the Lake G ronde.
Beach with grass, place of beach-volleyball.

Telephone: 027/455 25 60

Opening hours : beginning of June to end August, every day from 10 h to 19 h.

Skating rink of the Plaine Bellevue (December - February)

Artificial skating rink in the open air. Possibility to rent shoes on the spot.

Skate Park

Information to all the amateurs of skateboard, roller-skates and child's scooter! Located behind the building of the Old Slaughter-houses, the skateboard-park comprises: mini-slope, curb, spine, pavement style, bar Slide, central pyramid...

For more information:

ASLEC (Association sierroise of leisures and culture)

Telephone: 027/455 40 40

E-mail: info@aslec.ch

Website : www.aslec.ch

Sporting clubs

There are many sporting clubs in Sierre, for young people and adults. Here follow some examples of sports you can practice in a club in Sierre: athletics, baseball, basketball, curling, capoeira, soccer, ice hockey, swimming, tennis, archery, fencing, street-hockey, golf, cycling, etc

To find the complete listing of the sporting clubs: www.sierre.ch

Night life

The Anciens Abattoirs (previous Slaughter Houses)

The Anciens Abattoirs is the place of the alternative culture impossible to circumvent in Sierre. Several associations regularly organise there cultural concerts, projections and other events. The building is at the southern side of the ASLEC, along the road. It comprises a concert hall "the Hacienda", a projection hall "la Station service" and a local bar.

For the program of the evenings at the Anciens Abattoirs, consult the website of the associations:

www.art-sonic.ch

www.mainverte.ch

www.arkaos.ch

www.aslec.ch

Cinema

There are two cinemas in Sierre:

Cinema «Le Bourg»

Address: avenue Max-Huber 1, 3960 Sierre (in front of the Hôtel de Ville)

Telephone: 027/455 01 18

Cinema «Le Casino»

Address: av. Général-Guisan 19, 3960 Sierre (in the gallery)

Telephone: 027/455 14 60

Monday, the cinema is less expensive. If you have a student card, you receive a reduction.

To see the cinema programs of Sierre and Sion, consult www.cinesierre.ch .

Most projected films in Sierre are doubled in French. To see films in original version with subtitles, you have to go to Montana.

Bars and pubs

In Sierre, there are various pubs, also called "bistrotts". The majority are open from morning to evening until 1:00 in the morning. In general, one goes there to take the aperitif, to discuss around a glass, to meet people. Certain bars are open up to 3 hours in the morning or later

Festivals and events

Holidays

Since the Valais is a Roman Catholic canton, holidays correspond in major part to a catholic religious event:

- January 1st, New Year
- March 19th: St-Joseph
- at the end of May (variable date): Ascension Day
- August 1st: National holiday
- August 15th: Assumption
- November 1st: All Saints' day
- December 8th: Immaculate Conception
- December 25th: Christmas

Main Events

Every Saturday morning: Market on the place of the Town Hall

February/March (variable dates)

Carnival: People disguise themselves and they have fun! Processions and balls are organised everywhere in the Valais.

Mai

Dreamago - Cinema festival – Château Mercier - Siere www.dreamago.com

June

Slow up - Everybody on a bicycle!- Siere www.slowupvalais.ch

Sismics - Festival of Cartoon with concerts - Siere www.sismics.ch

Le Week-end au bord de l'eau (The Weekend at the waterside) - Festival of electro music – Lake of Géronde www.funandfloor.ch

July and August

Été sierrois (Sierrois Summer) - Concerts at the Mercier Castle every Friday evening - www.etesierrois.ch

Barbus festival - Concerts in front of the Old Slaughter-houses every Saturday evening - www.art-sonic.ch

July

Le Feu au lac (Fire on the lake) (31st July) - For the national holiday of August 1st – Lake of Géronde www.feaulac.ch

August

The Alex Moos - a bicycle race with start and arrival in Siere www.alexmoos.ch

International pedestrian race Siere-Zinal - www.siere-zinal.com

Siere Blues Festival - Siere www.sierebluesfestival.com

September

VINEA - Viticultural meetings of the Valais - Siere www.vinea.ch

Marche des cépages - Siere-Salquenen - www.marchedescepages.ch

Tohu-Bohu Music Festival - Veyras www.tohu-bohu.ch

November

Annual stock sale and Fair of the St.-Catherine - the important meeting of people living in Siere!

www.braderiedelasaintecatherine.ch et www.siere.ch/foire

December

Christmas market on the place of the Town Hall

Tourism

Tourist office

The Tourist office helps find information on the demonstrations and the leisure activities in Siere and in the area.

Address: Office du tourisme de Siere, Salgesch et Environs, (Tourist Office of Siere, Salgeshee and surroundings), place de la Gare 10, 3960 Siere

Telephone: 027/455 85 35

Fax: 027/455 86 35

Website: www.siere-salgesch.ch